I Didn't Mean to Wreck Your Day: Understanding What is Driving the Behavior



Participant Handouts

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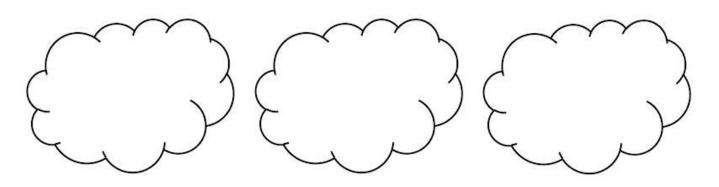
Independent Trainer for Better Brains for Babies

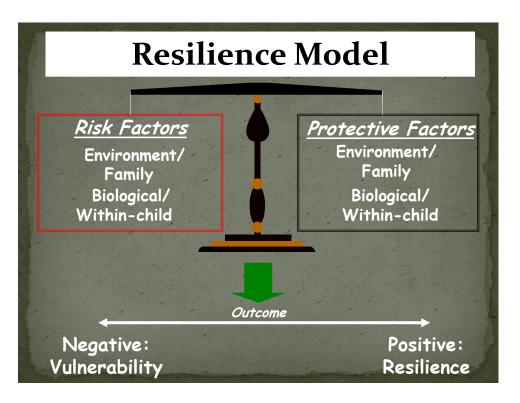
 $Independent\ Trainer\ for\ Parent\ Talk\ and\ Teacher\ Talk$

Think of a child that you work with.

Reflect on the child, so that you can better empathize with his or her point of view during challenging times.

List the child's strengths List the child's interests List the child's challenges





Protective Factors	
-	Protective Factors



Why do children misbehave/act out?

Because it works for them.

All children use challenging behaviors from time to time. Most find ways to meet their needs in a more positive manner.

The KEY is to find out WHY they are acting the way they are and design strategies that make sense for that child.

The Three main reasons for misbehavior:

- 1. To avoid/escape a situation or person(s)
- 2. To obtain an object or attention
- 3. To change the level of stimulation



Additional Notes

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Never give up!	
Reach inside!	
Give it all you got!	-
As long as you're alive	
you can keep on trying!	
Never give up!	
Discover how strong you are!	
Don't let anything	
bring you down!	
bring you down!	
instead be someone	
who lifts others up	-
by not giving up	
and inspiring others	
with all you've achieved! Never give up!	-
Never give unl	
Karen Jalmansohn	
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List of Encouraging Words and Phrases

"Thank you for your help!"			
"You should be proud of yourself."			
"Look at your improvement."			
"That grade reflects a lot of hard work." "You worked really hard to get this room clean!"			
			"Thanks for helping set the table,that made a big difference."
"I noticed you were really patient with your little brother." "That's a tough one, yet you'll figure that out."			
			"Look how far you've come!"
"I trust your judgment."			
"The time you're putting into your homework is really paying off."			
"I love being with you."			
'I can tell you spent a lot of time thinking this through."			
"I really feel like a team when we work like this!"			
"I can tell you really care."			
"I see a very thorough job!"			
"That's what we call perseverance-stick to itness!"			
"I noticed that you spent a lot of time on your project."			
Now add your own			
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Curiosity Questions			
Asking instead of telling invites children to develop their own thinking.			
"What do you need to do to be ready for?			
"Oops! What do you need to do to clean up?			
"How can you and your brother (sister/friend) solve this problem?			
"What do you need to take to lessons, if you want to			
have everything you need for class? What is your plan for getting your room cleaned?			